

Introduction to
Behavioral Intervention &
Student Support



- 1. Identify what BIT is.
- 2. Refer students to BIT
- 3. BIT vs Conduct



Jo Des Roches

Assistant Dean of Student for Behavioral Education & Intervention jdesroches@sa.Utah.edu

Allison Frost
Student Support Case Manager
afrost@sa.Utah.edu

Tevita Hola

Student Support Case Manager

thola@sa.Utah.edu

The Behavioral Intervention Team (BIT) identifies, assesses, and intervenes with students who may pose a threat to themselves or others at the University of Utah.

BIT takes a collaborative approach within the campus community to gather relevant information, connect distressed students to available support services and, where appropriate, recommends decisive action to promote individual and campus safety.

BIT educates the campus community on responses to behaviors and violence.

Contact the BIT by Calling 801-581-7066 or online at <a href="https://deanofstudents.utah.edu/">https://deanofstudents.utah.edu/</a>

### What is Behavior Education and Intervention?

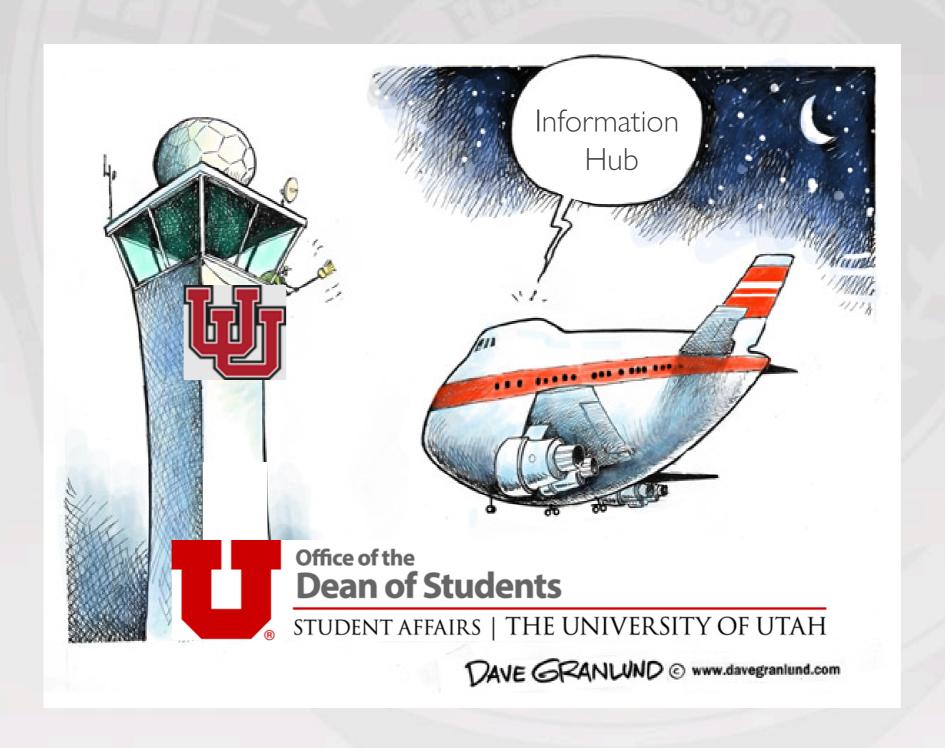


The Virginia Tech tragedy taught us that there were numerous pieces of information regarding Mr. Cho's concerning behaviors, but the information was scattered throughout different departments on campus.

There was no one person or department who knew all the pieces of the information.

The Handbook for Campus Threat Assessment & Management Team.
G. Deisinger, M. Randazzo, D. O'Neill, J. Savage

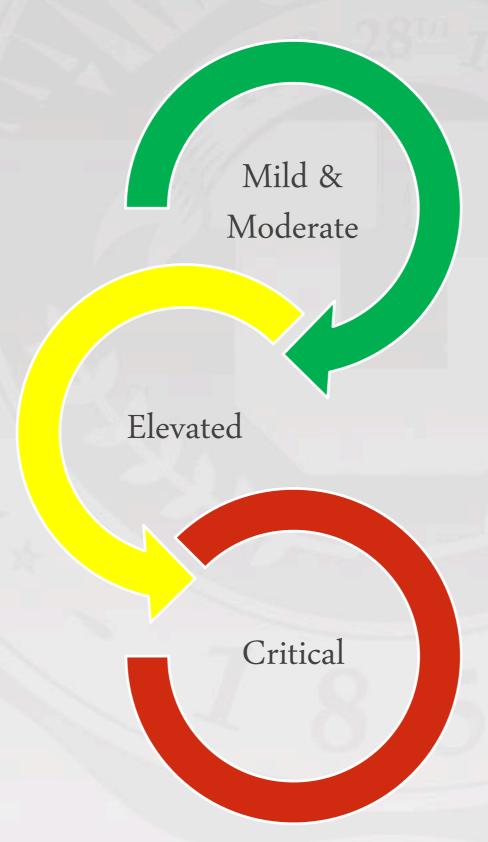






### Contact the Office of the Dean of Students & Student Support

- Excessive or Demanding of faculty or staff's time & resources
- Erratic or unusual behaviors
- Sending intrusive emails/Text messages
- Intimidating or bullying behaviors towards others



### Contact the Office of the Dean of Students & Student Support

- Significant drop in academic performance
- Preoccupation with death, suicide, self harm
- Changes in mood and appearance
- Displays paranoia or distrust
- Isolates self
- Alcohol & Drug Use/Abuse

## Contact Campus Police & the Office of the Dean of Students & Student Support

- Showing or Brandishing a weapon
- States intent to harm self or others
- Overt threats to harm or kill someone
- Physical or sexual assault on another individual

### Behaviors of Concern Levels

Student Support offers students access to a wide range of campus supports.

Student Support Case Managers assist students with understanding and adhering to the universities student code, policies, and procedures that support the Universities mission and values.

As a member of the University of Utah's community, each community member is responsible for their choices. Behavioral Intervention and Student Support is available to consult with students, faculty, and staff during office hours about concerns they may have related to themselves or in interactions they have with other campus community members.

Contact the BIT by Calling 801-581-7066 or online at <a href="https://deanofstudents.utah.edu/">https://deanofstudents.utah.edu/</a>

### What is Student Support?



### Student Conduct & Accountability

- •Community standards and processes for adjudication (http://www.regulations.utah.edu/academics/6-400.html)
- Student Behavior
- Student Academic Performance
- Student Academic Conduct
- Student Professional and Ethical Conduct

Student Code of Rights and Responsibilities

- Administrative process, not a criminal court of law
- Due process rights paramount
- Preponderance of evidence standard
- Informal resolutions by mutual consent
- Formal administrative procedures
- Appeals
- Disciplinary issues are part of the student's academic record

Contact the Office of the Dean of Students with details

at 801-581-7066 or online at

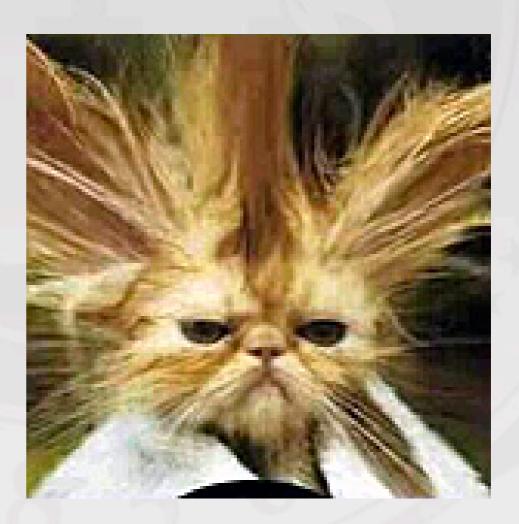
https://deanofstudents.utah.edu/

- Assist with the investigation
- Suggest a remedy to restore any harm that has been done
- Participate in hearing if necessary

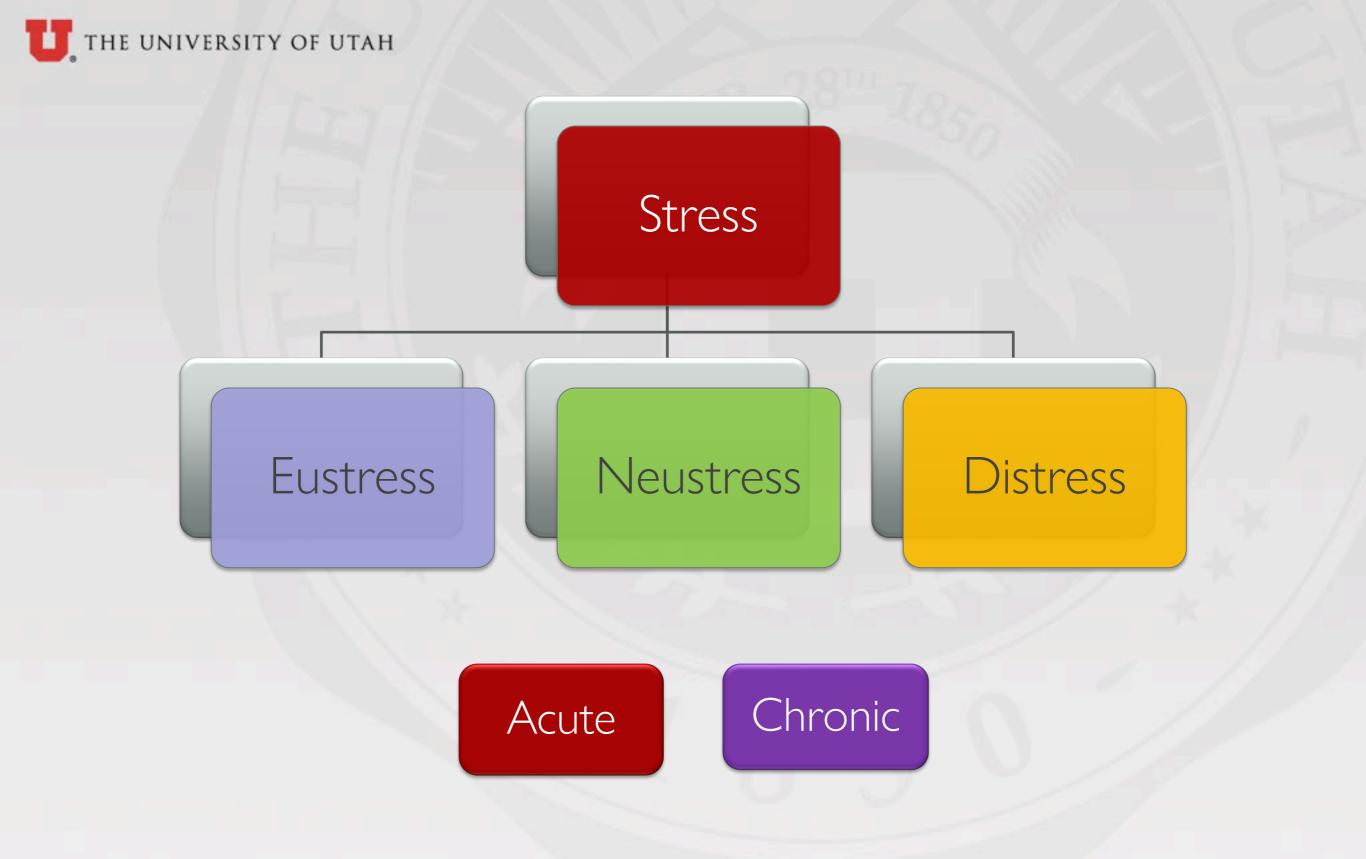


# What do you see that impacts students academic success?

- 1. Stress
- 2. Anxiety
- 3. Sleep
- 4. Work
- 5. Depression
- 6. Cold/Flu/Sore Throat
- 7. Internet Use/Computer Games
- 8. Concern for a Troubled Friend or Family Member
- 9. Finances
- 10. Participation in Extracurricular Activities

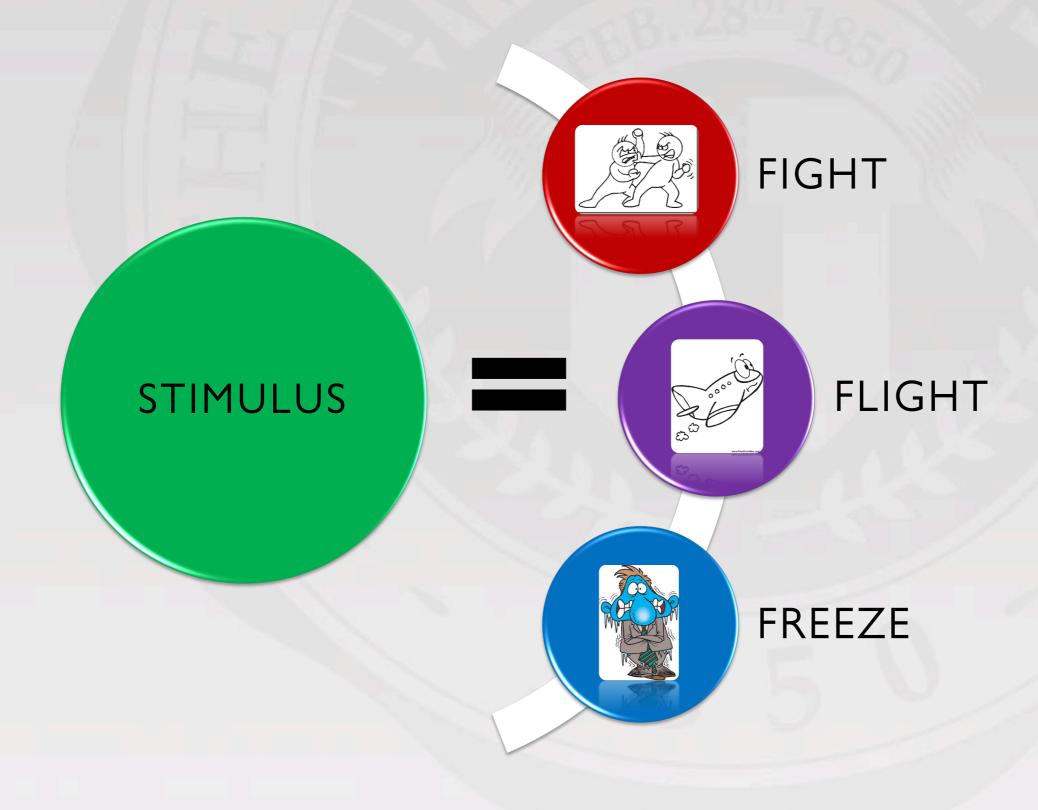


- National College Health Assessment (2015)



Different Types of Stress







### Body Language

- Open vs. Closed
- Eye contact
- Multitask

### Tone

- Calm
- Slow speech
- Word choice
- Genuine

### Timing

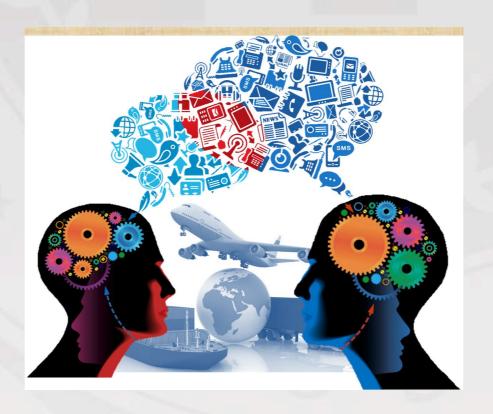
- Lead time
- Taking a break
- Cycle of Control
- Remove others from situation
- Tap-in/Tap-out

- What roles/responsibilities do you fulfill?
- How do you interact with students?
- What is your style or comfort level of involvement with a student?
- How do you stay involved while setting appropriate boundaries?





### Information Sharing



The Family Educational Rights and Privacy Act (FERPA) allows you to share relevant student information and observable behaviors with other University officials without a FERPA release per "...educational need to know."

http://www2.ed.gov/policy/gen/guid/fpco/index.html."



# Office of Equal Opportunity/AA

- Discrimination
- Harassment
- Sexual Misconduct

Office of the Dean of Students

- Student Code Violations
- Concerning Behaviors
- Support

Academic Department

- Academic Violations
- Faculty Issues
- Professional Misconduct

#### **Private Communicators**

Anyone who receives a paycheck from the U

### Confidential Communicators

- Women's Resource Center
- University Counseling Center
- Center for Student Wellness\*
- University Chaplain
- Athletics Psychologists

\*Campus Security Authorities:

report de-identified information if certain crimes occurred on campus.







- Services
  - Vehicle lock-out
  - Battery Jump
  - Bike locks
  - Campus Safety Escort
  - Emergency Services
- 9-1-1 emergency
- 801-585-COPS (2677)
- R.A.D
  - \$25
  - 4 week course
  - Women 12 & Up











### Student Success Advocates

can help you discover possibilities you may have never considered.



Safeu.utah.edu

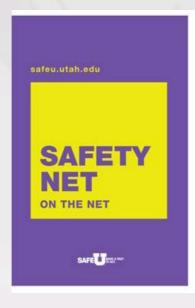


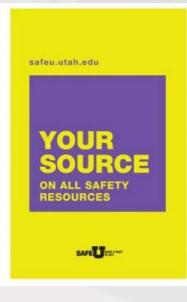


## HELP IS HERE

Licensed mental health counselors are waiting - only a phone call or text away.

















- Women's ResourceCenter/WEI
- Center for Disability & Access
- LGBT Resource Center
- International Student & Scholar Services
- Veteran Support Center
- Student Health Center

- Center for Ethnic Student
   Affairs
- Academic Advising Center
- Registrars' Office
- Student Success Advocates
- Homeless Student Task Force
- Office of Inclusive Excellence

### Campus Resources



# Office of the Dean of Students Union Building 270 <a href="mailto:deanofstudents@utah.edu">deanofstudents@utah.edu</a> 801.581.7066

### STUDENT CONDUCT & COMMUNITY STANDARDS



The Student Code of Rights & Responsibilities outlines community standards for students to facilitate a just and civil campus.

We manage reporting, investigation, and adjudication of violations to keep students accountable for their decisions and actions through due process.

We also compile information to assist in maintaining compliance and do educational outreach to keep the community informed.

### BEHAVIORAL INTERVENTION & EDUCATION



We, with assistance from the Behavioral Intervention Team, gather information from faculty, staff and students to assess the potential risk level of behavior, and to work towards the common goal of campus safety.

We provide campus and community resources to assist students in being successful in a supportive way.

### STUDENT ATHLETE ADVOCACY



This role is a resource for student athletes to report issues of misconduct or maltreatment they may experience within their participation in an athletic program.

This role works independently from Athletics and works with existing University processes to find appropriate resolutions.

